



WEIGHT FOR AGE FORM

LOCATION OF WEIGHDOWN

DATE

PLAYER DETAILS

Name DOB.....

Club Season

Actual Age Grade Requested Age Grade:

WEIGHDOWN DETAILS

Parent/Guardian Consent Form Completed YES NO

Weight As Per Scales Height.....

MEDICAL AUTHORITY

The player weight and height shown on this form is used in conjunction with information provided by in the Rugby AU [Size for Age Guidelines](#) & [Age Grade Dispensation Procedure](#) to determine whether dispensation will be given or if an assessment from an Independent Qualified Assessing Coach is required for the player to compete in the age grade below their actual age grade.

Weighing down excludes a player competing in any other grade – no exceptions